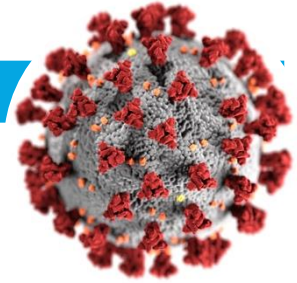# COVID-19 Fact Sheet

Revised: July 3, 2021

COVID-19 Facts

What is COVID-19?

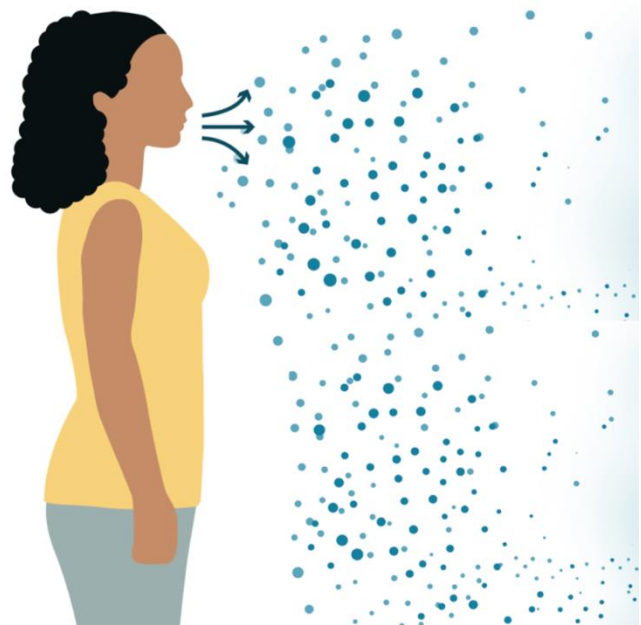COVID-19 is a sickness caused by a virus. It can lead to death.

What are the signs of COVID-19?

➢ Fever or chills
➢ Cough
➢ Headache
➢ Body aches
➢ Difficulty in breathing
➢ Sore throat
➢ Loss of taste or smell

How is COVID-19 spread?

➢ COVID-19 is spread person-to-person through germ particles when an infected person coughs or sneezes and an uninfected person breathes in those microscopic germ particles.
➢ The virus can also fall on objects and things around you such as clothes, tables and door handles and then pass it on to other people who touch these surfaces, then touch their eyes, nose, mouth or breathe in the air that have the virus.

Source: WHO   BBC

What should I do if I think I have COVID-19?

Go to the nearest clinic or hospital quick-quick. Or, call 4455 for more information.

Is there treatment for COVID-19?

No, there is no specific treatment for COVID-19. If you get it, the health people will provide treatment for the signs. That is why it important to get the vaccine when it becomes available to you.

Who is at risk of getting COVID-19?

Everyone is at risk of getting COVID-19, especially people who are in close contact with persons showing signs. Though anyone can become seriously ill and die, older adults and people with underlying conditions are at the most risk of death.

USAID FROM THE AMERICAN PEOPLE

Breakthrough ACTION FOR SOCIAL & BEHAVIOR CHANGE

COVID-19 Fact Sheet

Revised: July 3, 2021

What can I do to prevent COVID-19?

Get Vaccinated: There is now a **VACCINE FOR COVID-19** in Liberia. Get two doses of the vaccine sooner to you to protect you and your family from COVID-19.

GET VACCINATED

Wear a Mask: **A MASK CAN PROTECT YOU** from breathing in viral particles. Always wear it, especially when indoors and in crowded places.

WEAR A MASK

Practice Social Distancing: Maintain a **2 METER DISTANCE** between you and other people. When you are around people, make sure that you are in a well-ventilated area by opening the windows, or meeting outside.

MAINTAIN SOCIAL DISTANCE

Wash Hands Frequently:

➢ Always use the inside of your elbow to cover **YOUR NOSE AND MOUTH WHEN COUGHING OR SNEEZING.**

➢ **ALWAYS WASH** your hands with **SOAP and CLEAN WATER** or use hand sanitizer at all times.

➢ **AVOID SHAKING HANDS** and close contact

➢ **AVOID CLOSE CONTACT** with anyone showing signs and symptoms such as coughing and sneezing

WASH HANDS FREQUENTLY

COVID-19 Fact Sheet

Revised: July 3, 2021

COVID-19 Vaccine

Is there a vaccine for a COVID-19 in Liberia?

Yes, vaccines for COVID-19 are in Liberia. The Astrozeneca vaccine is given in two doses. The Johnson and Johnson vaccine is a single dose. Both are safe and effective. The vaccines have been tested in hundreds of thousands of people and **has been given to millions of people** around the world. The vaccine has been shown to greatly reduce a person's chance of becoming severely ill or dying of COVID-19.

How many vaccines do I need?

After getting vaccinated for COVID-19 is given in two doses. The health worker will give you a **BLUE CARD** so that you can show you are protected. You will have the most protection two weeks after your second dose of vaccine.

FIRST DOSE   TWO MONTHS LATER   SECOND DOSE

Who can take the vaccine?

Everyone 18 years and above can take the vaccine – this includes grown people, elderly people, health workers, pregnant and breastfeeding women, and everyone else over 18.

COVID-19 Fact Sheet

Revised: July 3, 2021

Where can the vaccine be given?
The vaccine at clinics and hospitals across the country. **CALL 4455** to find out your closest spot to get the vaccine.

Does the vaccine cost money?
The vaccine is given **FREE OF CHARGE** at clinics and hospitals.

Does the vaccine have any side effects?
Many people have **no side effects** from the vaccine. However, a small number of people have **mild side effects** for a couple days. Common side effects include tiredness, headache, muscle pain, and fever and are a sign that your body is building protection against the virus.

VACCINATION   TIREDNESS   HEADACHE   MUSCLE PAIN   FEVER   PROTECTION

What happens after I get the vaccine?
After you receive both doses of the vaccine, you are greatly protected against COVID-19. However, until a majority of people in Liberia are able to be vaccinated, you should continue to wear a mask, social distance, and maintain person hygiene **to protect yourself, your family, and your community.**